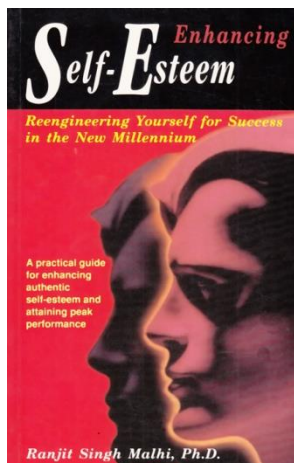


Enhancing Self-Esteem: Reengineering Yourself for Success in the New Millennium



Outstanding Features

This book demonstrates in an easy-to-understand, step-by-step manner how ordinary individuals can enhance their self-esteem and maximize their potential to attain success in all aspects of their lives. It is a "how-to" book with proven techniques and numerous exercises for enhancing one's self-esteem. The book is well-researched and encompasses the latest findings on self-esteem and its impact on human behaviour and performance. The layout and presentation of the book makes it highly readable. It is presented in layman's language and has more than 35 charts and 17 cartoons.

Endorsements

“This outstanding book is an excellent self-empowerment tool. It is a wonderful combination of coherent theory, practical tools, 'how-to exercises', inspirational quotes and cartoons. A 'must-read' book for those who wish to attain greater success in life.”

– Jack Canfield, co-author of The New York Times#1 Bestseller *Chicken Soup for the Soul*

“This is one of the most complete books on fostering self-esteem ever written. It includes numerous suggestions and practical exercises for the individual who wishes to enhance his or her self-esteem which is crucial to personal success. It is a pleasure to recommend this book to others.”

– J. D. Hawkins
Ex-President, *National Association for Self-Esteem*

Price

RM45.00 (includes mailing within Malaysia).

Payment can be made via MAYBANK2U into the following account:

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